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Simcoe, ON N3Y 3H1
Phone: 519-428-0580 or
1-877-909-4357 x 2
Fax: 519-428-5603
Email: rcentre@camhs.ca



Community Addiction and Mental Health Services of Halldimand & Norfolk

Achieve Mental Health Wellness & Recovery Centre

133 Queen Street
Dunnville, ON N1A 1H6
Phone: 905-701-9290 or
1-877-909-4357 x 2
Fax: 519-428-5603
Email: rcentre@camhs.ca

Member Bill of Rights and Responsibilities

The Wellness & Recovery Centre provides a safe, friendly environment where people living with a mental illness, mental health challenge and/or addiction can take part in a range of activities contributing to their overall recovery and wellness.

Your membership with the Centre provides you with many rights; however with your rights come responsibilities.

We consider everyone's right to have a safe, friendly atmosphere at the Centre as essential - everyone who attends the Centre needs to feel comfortable and assured of their personal safety, security and well-being. Therefore, those not taking their responsibilities seriously and jeopardizing the safe atmosphere for others may be subject to progressive disciplinary action:

- √ You have the **Right** to expect confidentiality regarding your condition, activities and participation. You have the **Responsibility** to observe the confidentiality of other members. You have a **Responsibility** to refrain from posting any information obtained at the Centre or during Centre sanctioned activities on social media without the express permission of the individual. This responsibility includes but is not limited to posting of photos.
- √ You have the **Right** to an atmosphere free from remarks or actions that could be interpreted as discriminatory to race, colour, sex, disability, physical appearance, ethnicity, sexual preference or religious persuasion. You have the **Responsibility** to refrain from making any remark or carrying out any action that could be interpreted as being discriminatory.
- √ You have the **Right** to a safe, friendly environment. You have the **Responsibility** to refrain from exhibiting physical or verbal aggression toward members or staff.
- √ You have the **Right** to enjoy an environment that is safe and supportive to your recovery goals. You have the **Responsibility** to yourself and everyone else to not wear offensive or degrading clothing. We have individuals who are trying to move forward with challenges regarding addiction and mental illness and clothing promoting and joking about alcohol and drugs or about mental illness are not appropriate. Anyone not respecting this responsibility will be asked to attend to the matter immediately.
- √ You have the **Right** to a healthy environment. You have the **Responsibility** to not attend the Centre while ill and to assist to maintain a clean and safe Centre for all. You have the **Responsibility** to respect and adhere to the Centre's scent free policy. Members not respecting the scent free policy will be asked to leave the Centre immediately to attend to this matter.
- √ You have the **Right** to a quiet environment. You have the **Responsibility** to refrain from excessive loudness or the use of profane, vulgar or rude language.
- √ You have the **Right** to a pleasant environment. You have the **Responsibility** to assist in the overall maintenance and cleanliness of the Centre. You have the **Responsibility** to observe personal hygiene and cleanliness. Members not maintaining a personal level of hygiene and cleanliness will be asked to leave the Centre immediately to attend to this matter.

- √ You have the **Right** to borrow materials. You have the **Responsibility** to sign out borrowed materials with staff and to return borrowed materials in the condition in which they were borrowed or to replace them if lost or damaged.
- √ You have the **Right** to visit the Centre whenever it is open and to participate in programs. You have the **Responsibility** to ask staff to use items belonging to the Centre or member permission before using any item belonging to an individual. You have the **Responsibility** to follow posted rules regarding the use of or access to Centre property. You have the **Responsibility** to follow Centre rules while at the Centre or on Centre outings.
- √ You have the **Right** to make personal telephone calls. You have the **Responsibility** to request to use the phone and to keep calls short.
- √ You have the **Right** to use computers and/or internet. You have the **Responsibility** to check with staff for an available machine, sign on to a machine and to limit use so all may enjoy the equipment. You also have the **Responsibility** to ensure the computers are not used for gambling or viewing "X-Rated" sites. You have the **Responsibility** to not load or add any programs or software to the computers without staff permission, to use the computers with care and to advise staff if there is a problem with a computer.
- √ You have the **Right** to access the Centre van. You have the **Responsibility** to follow all van guidelines for booking of trips, payment and ridership. Ridership guidelines include the responsibility for every rider to wear a seat belt and also gives the driver the right to refuse rides to any member who is not adhering to the personal hygiene responsibility. Van ridership rights may be revoked if an individual does not adhere to responsibilities.
- √ You have the **Right** to discuss any issues with staff. You have the **Responsibility** to make an appointment with the staff if your discussion will take more than a few minutes.
- √ You have the **Right** to enjoy a drink. You have the **Responsibility** not to come to the Centre under the influence of illegal drugs or alcohol. You also have the **Responsibility** not to sell trade or give alcohol or drugs (prescription or "street") to other members. You have a **Responsibility** to not use or consume drugs or alcohol at the Centre or during any Centre sanctioned event or activity.

Observing your Rights and Responsibilities will make the Centre a safe, enjoyable place for all.

I have read/had explained to me the Member Rights and Responsibilities of the Achieve Mental Health Wellness & Recovery Centre and will abide by the Centre guidelines.

Member signature

Date

Witness signature

Date

(copy and provide to member)