

ACHIEVE MENTAL HEALTH WELLNESS & RECOVERY CENTRE

The Centre provides support to people living with a mental illness, mental health challenge and/or addiction. The Centre provides recreation activities, educational opportunities, peer support and advocacy focused on supporting members on their journey for wellness and recovery. Programming is provided by staff with shared lived experiences ... we understand, we've been there.

Programs include:

- Individual and group peer support
- Recreation programs, outings, events
- Casual and organized social opportunities
- Member education and training opportunities
- Self-awareness and development activities
- Healthy lifestyle programs
- Art and creative opportunities

THE ADDICTION PROGRAM

The Addiction Program of CAMHS Haldimand-Norfolk provides community-based, client- focused services for alcohol, drug and gambling concerns for people of all ages.

This includes support for:

- Youth, families, partners
- Women who are pregnant and/or parenting children 0-6 years of age
- Support to the secondary schools in Haldimand and Norfolk Counties

Services include:

- Prevention and awareness education
- Assessment
- Individual Counselling
- Groups
- Referrals to other community agencies and resources
- Referrals to day or residential treatment programs



CAMHS

Community Addiction and Mental Health
Services of Haldimand and Norfolk

Appointments are generally between 8:30 am and 4:30 pm,
Monday to Friday.

Self-referrals are welcomed and encouraged.

1-877-909-4357

Fax: 519-587-4118

SERVICES LOCATED AT:

CALEDONIA

Community Support Centre of Haldimand & Norfolk

103 Inverness St., Caledonia ON N3W 1B5

Fax: 289-284-0571

DUNNVILLE

**Family Health Care Centre at Haldimand
War Memorial Hospital**

Suite 222 (2nd floor), 334 Broad St. W.

Dunnville ON N1A 1T1

Fax: 289-369-0346

SIMCOE

West Street Clinic

Suite 103, 216 West St., Simcoe ON N3Y 1S8

Fax: 519-426-3257

TOWNSEND

P.O. Box 5166, 101 Nanticoke Creek Parkway

Townsend ON N0A 1S0

Fax: 519-587-4118

...partnering for
Mental Health
and Addiction Wellness

Funding support provided by:



(PHIPA). For details please contact our Administrative office at 519-587-4658



CAMHS

Community Addiction and Mental Health Services of Haldimand and Norfolk

- Achieve Mental Health Wellness & Recovery Centre
- Addiction Program
- Adult Mental Health Program
- CAST - Crisis Assessment and Support Team
- MCRRT - Mobile Crisis Rapid Response Team
- Specialized Geriatric Services Program
- Telemedicine Services Program

1-877-909-4357

Caledonia, Dunnville, Simcoe, Townsend

ADULT MENTAL HEALTH PROGRAM

The Adult Mental Health Program provides community-based, client-focused services for people age 16 years and over who have mental health or concurrent (mental health and addictions) concerns.

The Adult Program's clinical team is comprised of registered nurses (RNs), social workers (SWs), and psychiatrists. Assessment by a psychiatrist must be made by referral by another physician or a nurse practitioner. Self-referrals are accepted for counselling only.

Services include:

- Assessment
- Treatment through individual counselling, group treatment, medication or a combination of treatments as appropriate
- Referrals to, or partnering with, other community agencies and resources
- Education and advocacy

CAST - Crisis Assessment and Support Team

CAST is a 24 hour mental health crisis service for people age 16 years and older. The team is made up of clinicians (registered nurses (RNs), social workers (SWs)) specializing in mental health/addiction service.

Services include:

- 24 hour phone line offering crisis assessment and support, education and direction to community resources
- Face-to-face crisis assessment and support of individuals admitted in an emergency department of Haldimand and Norfolk Counties
- Crisis assessment and support of individuals urgently referred to CAMHS
- Face-to-face short-term crisis counselling and referral to appropriate community service as required



MCRRT - Mobile Crisis Rapid Response Team

MCRRT partners a uniformed Ontario Provincial Police officer with an experienced mental health professional to respond to 911 calls, as determined by Police Dispatch.

The program provides persons in crisis, their families and caregivers, with timely and appropriate crisis intervention.

Service recipients of MCRRT include individuals presenting with symptoms of mental health illness, substance abuse, behavioural disorders or people in acute crisis situations.

MCRRT attempts to streamline access to mental health crisis supports in emergent situations, helps ensure that the needed level of care is accessible and helps reduce the number of unnecessary referrals to the emergency department.

We have an MCRRT team attached to both the Norfolk and Haldimand OPP detachments.

SPECIALIZED GERIATRIC SERVICES PROGRAM

The Specialized Geriatric Services (SGS) Program provides non-emergency clinical assessment, consultation, treatment and education to older adults, their families and service providers who are, or know of someone who is, experiencing mental health issues combined with age-related difficulties

The clinical team is comprised of registered nurses (RNs), social workers (SWs), intergrated geriatric service workers (IGSWs), geriatricians and psychiatrists specializing in geriatrics.

Services include:

- Assessment of mental status
- Medication review
- Supportive counselling
- Recommendations for treatment options
- Education and follow-up for clients, family members and caregivers
- Intensive support to link individuals with community services/resources
- Advocacy with other community support services and family members
- Home visits available

TELEMEDICINE SERVICES PROGRAM

The CAMHS Telemedicine Service serves Brant, Haldimand and Norfolk Counties. The Telemedicine Service provides non-emergency community-based service to adults 16 years of age or older who may be experiencing mental health and/or addiction issues, including older adults with complex needs.

The Telemedicine clinical team is comprised of registered nurses (RNs), psychiatrists, and a Nurse Practitioner through a partnership with the Grand River Community Health Centre. Accessing the Telemedicine Service is by physician or nurse practitioner referral.

The aim of CAMHS' Telemedicine Service is to increase access to specialists through videoconferencing technology for the Haldimand, Norfolk and Brant communities. The service uses video cameras and monitors to connect clients with medical specialists who are not located in the area.

Services include:

- Mental Health Assessment
- Recommendations for mental health/addictions treatment
- Referral to appropriate community resources
- Access by physicians to the Ontario Telemedicine Network for client assessment and support related to other health care needs (e.g. surgical, orthopedics)

