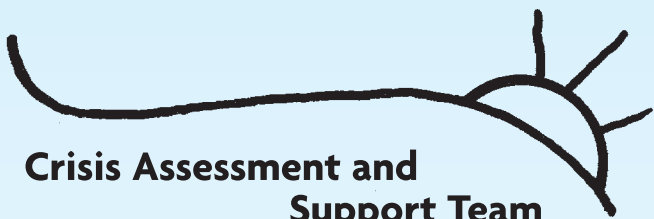




CAMHS

Community Addiction and Mental Health
Services of Haldimand and Norfolk

CAST



Crisis Assessment and Support Team

CAST is a 24 hour mental health crisis service for people age 16 years and older. The team is made up of clinicians specializing in mental health/addiction service.

SERVICES INCLUDE:

- 24 hour phone line offering crisis assessment and support, education, and direction to community resources
- Face-to-face crisis assessment and support of individuals admitted in an emergency department of Haldimand and Norfolk Counties
- Crisis assessment and support of individuals urgently referred to CAMHS
- Face-to-face short-term crisis counselling and referral to appropriate community service as required

1-866-487-CAST (2278)

PROGRAM GOALS:

- to offer supportive interventions to individuals experiencing a mental health crisis
- to link individuals during and following a crisis with the necessary community resources and support systems, including peer support, to prevent further crisis
- to support caregivers, including family members, in managing mental health crises through educational and problem-solving approaches

COMMUNITY ADDICTION AND MENTAL HEALTH SERVICES OF HALDIMAND AND NORFOLK

SERVICES LOCATED AT:

TOWNSEND

1-877-909-4357

P.O. Box 5166, 101 Nanticoke Creek Parkway

Townsend ON N0A 1S0

Fax: 519-587-4118

All services are confidential and supplied without cost.

This program is funded by:



Ontario

**Hamilton Niagara Haldimand Brant
Local Health Integration Network**

**Réseau local d'intégration
des services de santé de Hamilton
Niagara Haldimand Brant**

Privacy Statement:

All personal information under the care, custody and control of CAMHS shall be regarded as confidential and available only to authorized users as per Personal Health Information Protection Act (PHIPA).

For details, please contact our Administrative office at 519-587-4658.