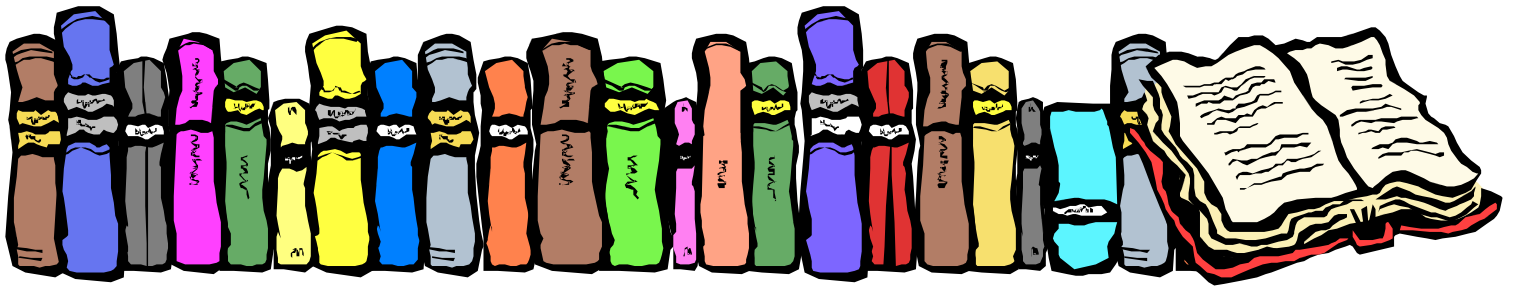


# Mental Health & Wellness Collection

books, videos, DVDs, pamphlets



Discover the facts....challenge the myths

Collection housed at:

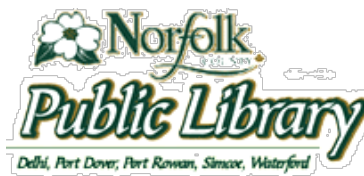
**Norfolk County Public Library, Simcoe branch,  
46 Colborne South**

Information about mental health and addiction are just a call, click or visit away

**[www.ncpl.ca](http://www.ncpl.ca)**

All materials are available for inter-branch and inter-library loan

A partnership between:



For collection information please contact the Wellness & Recovery Centre (CAMHS)  
at 519-428-0580 x 5

The worth of a book is to be measured by what you  
can carry away from it.

~James Bryce