Healthy Relationships

Learn to...

Set Healthy Boundaries

Maintain Self-Respect

Build Healthy Relationships

Six Week Group

Simcoe: Tuesday's Feb. 6-Mar. 12 (6-8pm)

Or

Townsend: Thursday's Feb. 8-Mar. 14 (10am-12pm)

Register by January 26

For more information or to register call

519-587-4658 x 2150 (Monday through Friday)

